

INDOOR POOL

AVAILABILITY

From September 2026

Monday	5.30 am - 9:00am
	12.00pm – 1:30pm (Shared)
	1:30pm - 3:00pm
	6.00 pm - 7.00 pm
Tuesday	5.30 am - 8:00am
	1:30pm - 3:30pm
	6:00pm - 7:00pm
Wednesday	5.30 am - 9:00am
	12:00pm - 3:30pm
	6:00pm - 7:00pm
Thursday	5.30 am - 9:00am
	12:00pm - 3:00pm
	6:00pm - 7:00pm
Friday	5.30 am - 8:00am
	12:00pm - 3:00pm
	6.00pm – 6.30pm
Saturday	6:00am - 7:30am
	12:15pm - 5:00pm
Sunday	8:00am - 12:45pm (Shared)
	12:45pm - 5:00pm