

INDOOR POOL

AVAILABILITY

From May 2026

Monday	6:00am - 9:00am
	12:00pm – 1:30pm (Shared)
	1:30pm - 3:00pm
Tuesday	6:00am - 8:00am
	11:00am - 12:00pm (Shared)
	1:30pm - 3:30pm
Wednesday	6:00am - 9:00am
	12:00pm - 3:30pm
Thursday	6:00am - 9:00am
	11:30am - 3:00pm
Friday	6:00am - 8:00am
	12:00pm - 3:00pm
Saturday	6:00am - 7:30am
	12:15pm - 3:00pm
Sunday	8:00am - 12:45am (Shared)
	12:45am - 3:00pm



Please note:
Timetable subject to change at any time